

Sex and Relationships Education at Shiplake Primary CE School.

The key themes of family, friendships and the changes within those relationships are an important part of the Personal, Social, Health and Education curriculum. The Sex and Relationships aspect of this subject is taught by class teachers, in conjunction with the school nurse who has particular expertise in this area.

Sex and relationship education at Key Stage 1.

Lessons involve learning about what all humans do, how our behaviour affects others, unhappiness and needing help, dealing with problems, bullying, cooperation and families. For younger children, sex and relationships education is all around them as a number of their parents may be having babies. Children will learn that babies are carried in the mother's tummy. In response to questions about having babies, answers will be given in a simple straightforward way. In answer to the question, 'How does the baby get out?' 'Through the baby passage' is the kind of phrasing that will be used at this time.

Foundation Stage:

The children will be asked to think about themselves, what they're good at and taught the correct names of their body parts (including the sex organs, if the child asks). They will also look at similarities and differences between people and at their own development from birth to the present day and how to keep themselves healthy and safe. They will also explore 'friendship'. Life cycles of animals from birth to full growth will also be covered.

Year 1:

Children will be taught the correct names of their body parts (including external genitalia). Children will follow the growth of a human from a baby to old age, discussing how people change over this period of time. They will discuss how to deal with their feelings and opinions in a positive way and how to listen to other people, playing and working co-operatively. They will work on recognising the differences between right and wrong, what is fair and unfair. They will discuss the differences between surprises and secrets and how they can tell secrets, if they think it is the right thing to do. They will learn that family and friends should care for each other.

Year 2:

Children will compare similarities and differences between boys and girls and discuss similarities and differences between them e.g. eye colour, hair, skin tone, talents, likes and dislikes. They will consider social and moral dilemmas that they come across daily and learn to recognise that their behaviour affects others. They will discuss the new opportunities and responsibilities that independence may bring, including how to keep themselves healthy. They will continue to discuss the difference between surprises and secrets and understanding that they can tell adults secrets. They will talk about their feelings about change and loss.

Sex and relationship education at Key Stage 2.

As children get older more details are needed to prepare them for the changes that take place at puberty. It is important children learn about puberty before the actual physical changes occur so that they are prepared.

Year 3:

Maintaining personal hygiene, growing and changing, how I feel about me, who makes me feel good, special people and managing change are all aspects of the SRE curriculum covered in Year 3. They will talk about the differences and similarities between people. They will learn how their actions affect themselves and others, to care about the feelings and points of views of others, as their emotions begin to change too. They will discuss taking care of their body and begin to understand that they have the right to protect their body from inappropriate and unwanted contact, ie. NSPCC PANTS rule.

Year 4:

The children will discuss their emotions and how to deal with them in order to maintain their relationships. The children will also look at how images in the media do not reflect reality and the impact of self and image. The children will learn to recognise and challenge stereo types. Children will discuss how to care for their body as it begins to change. They will reinforce the work in year 3 on their rights and autonomy to protect their body from inappropriate and unwanted contact. They will discuss strategies about how to say no and what no means.

Year 5:

In Year five there is greater clarity given about the changes that take place to prepare the body for making a baby in later life. Children will learn about the changes in bodies and emotions that occur during puberty, including periods, erections and wet dreams. Children need to know that these things are a normal part of their development. They will be taught to recognise different risks in different situations and then decide how to behave responsibly.

Year 6:

In Year 6, puberty lessons will be revisited and queries answered. Children will then be taught how a baby is made naturally, with the correct terminology. Children will learn about the growth of a baby in the womb. Children will be taught that the sexual relationship should be part of a loving relationship. It will be mentioned that people can protect themselves against an unintended pregnancy. They will be helped to recognise, as they reach puberty, how people's emotions change and how to deal with their feelings towards themselves, their family and others in a positive way. They will learn ways of dealing with peer pressures in an acceptable way and how to ask for help. Children will discuss how they have a right to protect their body from unwanted or inappropriate contact and who to go to for support if they fear for themselves or their friends may be subject to abuse, including female genital mutilation (FGM).