

Sex and Relationships Education (S.R.E)

Shiplake CE Primary School

- WHY do we need SRE at Shiplake?

Science -Government **Requirements for schools**

Through the statutory National Curriculum requirements for Science children are required to learn:

Key Stage 2 Science

That life processes common to humans and other animals include nutrition, growth and reproduction

The main stages of the human life cycle

**Summary - Human reproduction is part of the Science curriculum
(Statutory requirement)**

P.S.H.E – Government **non- statutory** **requirements for schools**

Children need to:

- Develop confidence and responsibilities to make the most of their abilities
- Develop a healthy, safer lifestyle
- Develop good relationships and respect the differences between people

Rationale

- At Shiplake CE Primary School we believe that the essential aim of sex and relationships education should be to provide pupils with the knowledge and skills to enable them to make informed and responsible choices in later life, emphasising the benefits of a healthy lifestyle.
- We believe that sex and relationships education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life.
- We also believe that sex and relationships education should be taught within a climate of trust, respect and appropriate confidentiality, in which pupils and adults feel able to talk openly and honestly.

Aims and objectives

- To provide a secure, sensitive and caring framework where learning and discussion can take place.
- To provide information which is easy to understand, relevant and appropriate for the needs, age and maturity of the pupils.
- Encourage the use of correct vocabulary.
- To foster self worth and awareness, together with a sense of moral responsibility.
- To help the children to acquire and practise important life skills such as critical thinking, decision making, communication and assertiveness.
- To ensure that sex education is available to all children regardless of gender, ability, cultural or religious background in line with the schools policy on equal opportunities.

Y5 and 6 SRE themes

- Changes
- How babies are made
- How babies are born
- Girl Talk
- Boy Talk

Changes

- To introduce children to the physical and emotional changes that occur during puberty
- To consider some of the changes over which we have no control and the choices we can make concerning those over which we do have control

Vocabulary: egg, ovaries, penis, period, puberty, clitoris, menstruation, scrotum, sexual relationship, sperm, testicles, vagina

How babies are made

- To explain how babies are made
- To explore the idea of relationships, including friendships, parent-child and family relationships and adult sexual relationships

Vocabulary:

- Caring, conception, egg, fertilisation, friend, honesty, love, making love, sexual relationship, sperm, womb, trust

How babies are born

- To explain how a baby develops in the womb during pregnancy and how babies are born
- To consider the needs of babies before and after birth
- To enable children to reflect on roles and relationships in the family

Vocabulary:

- Fertilisation, foetus, labour, oxygen, pregnancy, pregnant, ultrasound, umbilical cord, womb

Girl Talk

- To consider the physical and emotional changes that take place as girls go through puberty
- To address the concerns and worries of young women

Vocabulary:

- hormone, masturbation, menstruation, period, puberty, orgasm , relationships

Boy Talk

- To consider the physical and emotional changes that take place as boys go through puberty
- To address the concerns and worries of the boys

Vocabulary:

- relationship, responsibility, masturbation, puberty, shaving, spots, wet dream, orgasm

HOW are we going to deliver these objectives at Shiplake?

- Using Living and Growing DVD as support
- Staff – 1 male/1 female for single sex teaching
- Activities – discussion/reflection

Working with parents

- The school is committed to working with parents. Under the Education Act 1996 parents have the legal right to excuse their children from aspects of sex education which do not form part of the statutory Science National Curriculum.
- It is possible for a child to be excused from selected lessons which must be identified before the unit has begun.
- It is important for parents to know that the lessons do follow on from each other and there are sometimes elements of the previous lesson in the following lesson.

Any Questions?

